OFSAA 2016 Track and Field Championship Practice Form

Association:	School Name:	Date:
Please list the number of	practices attended by each athlete each week.	

Athlete Name	Mar 1 – 4	Mar 7 – 11	Mar 14 – 18	Mar 21 – 25	Mar 28 – Apr 1	Apr 4 – 8	Apr 11 – 15	Apr 18 –29	May 2 – 6	May 9 – 13	May 16 – 20	May 23 – 27	May 30 – June 1	Total # of Practices
													_	

Any athlete participating in an OFSAA Championship or an OFSAA qualifying event must have participated as a member of a
bona fide high school program during the school season (March to June), in a minimum number of practices (sixteen (16)), at a
location where the majority of their high school practices are held under the supervision of a teacher-coach as certified by the
high school principal.

Coach	School Principal