

OFSAA West Regional TRACK & FIELD
SCHEDULE 2017

TRACK DAY 1- Friday May 26

Please Note: All track and field events will start no earlier than the start time indicated, events may move forward within that time block.

1:50 pm

WCG & WCB 200 m Timed Final

2:00 pm

Open Girls 1500 m Steeplechase Final

2:15 pm

Midget Girls 80 m Hurdles Semi-Finals
Junior Girls 80 m Hurdles Semi-Finals
Senior Girls 100 m Hurdles Semi-Finals
Midget Boys 100 m Hurdles Semi-Finals
Junior Boys 100 m Hurdles Semi-Finals
Senior Boys 110 m Hurdles Semi-Finals

3:00 pm

Open Boys 2000 m Steeplechase Final

3:15 pm

Midget Girls 100 m Semi-Finals
Midget Boys 100 m Semi-Finals
Junior Girls 100 m Semi-Finals
Junior Boys 100 m Semi-Finals
Senior Girls 100 m Semi-Finals
Senior Boys 100 m Semi-Finals

4:00 pm

Midget Girls 400 m Timed Final
Midget Boys 400 m Timed Final
Junior Girls 400 m Timed Final
Junior Boys 400 m Timed Final
Senior Girls 400 m Timed Final
Senior Boys 400 m Timed Final
*****TRACK BREAK*****

5:20 pm

Midget Girls 80 m Hurdles Final
Junior Girls 80 m Hurdles Final
Senior Girls 100 m Hurdles Final
Midget Boys 100 m Hurdles Final
Junior Boys 100 m Hurdles Final
Senior Boys 110 m Hurdles Final

5:50 pm

AmbG & AmbB 100 m Final
IDG & IDB 100 m Final
VIG & VIB 100 m Final
Midget Girls 100 m Final
Midget Boys 100 m Final
Junior Girls 100 m Final
Junior Boys 100 m Final
Senior Girls 100 m Final
Senior Boys 100 m Final

6:20 pm

Midget Girls 1500 m Final
Midget Boys 1500 m Final
Junior Girls 1500 m Final
Junior Boys 1500 m Final
Senior Girls 1500 m Final
Senior Boys 1500 m Final

7:15 pm

Midget Girls 4 x 100 Relay Timed Final
Midget Boys 4 x 100 Relay Timed Final
Junior Girls 4 x 100 Relay Timed Final
Junior Boys 4 x 100 Relay Timed Final
Senior Girls 4 x 100 Relay Timed Final
Senior Boys 4 x 100 Relay Timed Final

FIELD - DAY 1- Friday May 27

1:30 pm

Midget Boys Pole Vault (starting height 2.20 m)

2:00 pm

Midget Girls Long Jump
Senior Boys Triple Jump
Senior Girls High Jump
Midget Boys Shot Put
Junior Boys Discus
Senior Boys Javelin

3:30 pm

Midget Girls Pole Vault (starting height 1.60 m)
Midget Girls Shot Put
Junior Girls Discus
Senior Girls Javelin
Midget Boys Long Jump
Junior Boys Triple Jump
Senior Boys High Jump

5:30 pm

Junior Boys Pole Vault (starting height 2.30 m)
Midget Girls High Jump
Junior Girls Long Jump
Senior Girls Triple Jump
Midget Boys Javelin
Junior Boys Shot Put
Senior Boys Discus

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TRACK DAY 2 – Saturday May 27

Please Note: All track and field events will start no earlier than the start time indicated, events may move forward within that time block.

10:00 am

Midget Girls 200 m Semi-Finals
Midget Boys 200 m Semi-Finals
Junior Girls 200 m Semi-Finals
Junior Boys 200 m Semi-Finals
Senior Girls 200 m Semi-Finals
Senior Boys 200 m Semi-Finals

10:45 am

Senior Girls 3000 m Final
Senior Boys 3000 m Final

11:15 am

Midget Girls 300 m Hurdles Timed Final
Junior Girls 300 m Hurdles Timed Final
Senior Girls 400 m Hurdles Timed Final
Midget Boys 300 m Hurdles Timed Final
Junior Boys 300 m Hurdles Timed Final
Senior Boys 400 m Hurdles Timed Final

*****TRACK BREAK*****

1:15 pm

Junior Girls 3000 m Final
Junior Boys 3000 m Final

1:45 pm

Midget Girls 800 m **Timed Finals**
Midget Boys 800 m **Timed Finals**
Junior Girls 800 m **Timed Finals**
Junior Boys 800 m **Timed Finals**
Senior Girls 800 m **Timed Finals**
Senior Boys 800 m **Timed Finals**
AmbG & AmbB 800 m Final
IDG & IDB 800 m Final
VIG & VIB 800 m Final

3:00 pm

PLEASE NOTE ORDER

Senior Girls 200 m Final
Senior Boys 200 m Final
Junior Girls 200 m Final
Junior Boys 200 m Final
Midget Girls 200 m Final
Midget Boys 200 m Final
WCG & WCB 200 m Final

3:30 pm

Midget Girls 3000 m Final
Midget Boys 3000 m Final

4:00 pm

Open Girls 4 x 400 Relay Timed Final
Open Boys 4 x 400 Relay Timed Final

FIELD DAY 2 – Saturday May 28

9:30 am

Junior Girls Pole Vault (starting height 1.80 m)

10:00 am

Midget Girls Javelin
Junior Girls Shot Put
Senior Girls Discus
Midget Boys High Jump
Junior Boys Long Jump
Junior Girls Triple Jump

11:30 am

Senior Boys Pole Vault (starting height 2.40m)
Senior Boys Shot Put
Midget Girls Triple Jump
Junior Girls High Jump
Senior Girls Long Jump
Midget Boys Discus
Junior Boys Javelin

1:30 pm

Senior Girls Pole Vault (starting height 2.20m)
Midget Girls Discus
Junior Girls Javelin
Senior Girls Shot Put
Midget Boys Triple Jump
Junior Boys High Jump
Senior Boys Long Jump