OFSAA West Regional TRACK & FIELD SCHEDULE 2017

TRACK DAY 1- Friday May 26

Please Note: All track and field events will start no earlier than the start time indicated, events may move forward within that time block.

1:50 pm
WCG & WCB 200 m Timed Final

2:00 pm
Open Girls 1500 m Steeplechase Final

2:15 pm
Midget Girls 80 m Hurdles Semi-Finals
Junior Girls 80 m Hurdles Semi-Finals
Senior Girls 100 m Hurdles Semi-Finals
Midget Boys 100 m Hurdles Semi-Finals
Junior Boys 100 m Hurdles Semi-Finals
Senior Boys 110 m Hurdles Semi-Finals

3:00 pm
Open Boys 2000 m Steeplechase Final

3:15 pm
Midget Girls 100 m Semi-Finals
Midget Boys 100 m Semi-Finals
Junior Girls 100 m Semi-Finals
Junior Boys 100 m Semi-Finals
Senior Girls 100 m Semi-Finals
Senior Boys 100 m Semi-Finals

4:00 pm
Midget Girls 400 m Timed Final
Midget Boys 400 m Timed Final
Junior Girls 400 m Timed Final
Junior Boys 400 m Timed Final
Senior Girls 400 m Timed Final
Senior Boys 400 m Timed Final

5:50 pm
AmbG & AmbB 100 m Final
IDG & IDB 100 m Final
VIG & VIB 100 m Final
Midget Girls 100 m Final
Midget Boys 100 m Final
Junior Girls 100 m Final
Junior Boys 100 m Final
Senior Girls 100 m Final
Senior Boys 100 m Final

6:20 pm
Midget Girls 1500 m Final
Midget Boys 1500 m Final
Junior Girls 1500 m Final
Junior Boys 1500 m Final
Senior Girls 1500 m Final
Senior Boys 1500 m Final

7:15 pm
Midget Girls 4 x 100 Relay Timed Final
Midget Boys 4 x 100 Relay Timed Final
Junior Girls 4 x 100 Relay Timed Final
Junior Boys 4 x 100 Relay Timed Final
Senior Girls 4 x 100 Relay Timed Final
Senior Boys 4 x 100 Relay Timed Final

FIELD - DAY 1- Friday May 27

1:30 pm
Midget Boys Pole Vault (starting height 2.20 m)

2:00 pm
Midget Girls Long Jump
**Senior Boys** Triple Jump
Senior Girls High Jump
Midget Boys Shot Put
Junior Boys Discus
Senior Boys Javelin

3:30 pm
Midget Girls Pole Vault (starting height 1.60 m)
Midget Girls Shot Put
Junior Girls Discus
Senior Girls Javelin
Midget Boys Long Jump
Junior Boys Triple Jump
Senior Boys High Jump

5:30 pm
Junior Boys Pole Vault (starting height 2.30 m)
Midget Girls High Jump
Junior Girls Long Jump
Senior Girls Triple Jump
Midget Boys Javelin
Junior Boys Shot Put
Senior Boys Discus
OFSAA West Regional TRACK & FIELD
SCHEDULE 2016

TRACK DAY 2 – Saturday May 27
Please Note: All track and field events will
start no earlier than the start time indicated,
events may move forward within that time
block.

10:00 am
Midget Girls 200 m Semi-Finals
Midget Boys 200 m Semi-Finals
Junior Girls 200 m Semi-Finals
Junior Boys 200 m Semi-Finals
Senior Girls 200 m Semi-Finals
Senior Boys 200 m Semi-Finals

10:45 am
Midget Girls 300 m Hurdles Timed Final
Junior Girls 300 m Hurdles Timed Final
Senior Girls 400 m Hurdles Timed Final
Midget Boys 300 m Hurdles Timed Final
Junior Boys 300 m Hurdles Timed Final
Senior Boys 400 m Hurdles Timed Final

**********TRACK BREAK**********

1:15 pm
Midget Girls 300 m Hurdles Timed Final
Junior Girls 300 m Hurdles Timed Final
Senior Girls 400 m Hurdles Timed Final
Midget Boys 300 m Hurdles Timed Final
Junior Boys 300 m Hurdles Timed Final
Senior Boys 400 m Hurdles Timed Final

**********TRACK BREAK**********

1:15 pm
Midget Girls 300 m Hurdles Timed Final
Junior Girls 300 m Hurdles Timed Final
Senior Girls 400 m Hurdles Timed Final
Senior Boys 400 m Hurdles Timed Final

3:00 pm
PLEASE NOTE ORDER
Senior Girls 200 m Final
Senior Boys 200 m Final
Junior Girls 200 m Final
Junior Boys 200 m Final
Midget Girls 200 m Final
Midget Boys 200 m Final
WCG & WCB 200 m Final

3:30 pm
Midget Girls 3000 m Final
Midget Boys 3000 m Final

4:00 pm
Open Girls 4 x 400 Relay Timed Final
Open Boys 4 x 400 Relay Timed Final

FIELD DAY 2 – Saturday May 28
9:30 am
Junior Girls Pole Vault (starting height 1.80 m)

10:00 am
Midget Girls Javelin
Junior Girls Shot Put
Senior Girls Discus
Midget Boys High Jump
Junior Boys Long Jump
Junior Girls Triple Jump

11:30 am
Senior Girls Pole Vault (starting height 2.40m)
Senior Boys Shot Put
Midget Girls Triple Jump
Junior Girls High Jump
Senior Girls Long Jump
Midget Boys Discus
Junior Boys Javelin

1:30 pm
Senior Girls Pole Vault (starting height 2.20m)
Midget Girls Discus
Junior Girls Javelin
Senior Girls Shot Put
Midget Boys Triple Jump
Junior Boys High Jump
Senior Boys Long Jump